SWITCH

Before You Start:

Make sure everyone knows the four areas to run to.

Review how to play rock-paper-scissor.

Play a practice round.

Set Up:

A four-square court or four cones forming a square and one additional cone in the middle.

How to Play:

Five players at a time. Each player occupies a corner or the middle.

Play begins when the person in the middle says "Switch".

All players must find a new corner/cone to occupy. No player can go to the center cone. If two players arrive at the corner at the same time a quick rock-paper-scissors is played, winner stays.

The next person in line, become the person in the middle and begins the next round.

Variations:

Use different shapes

Add more areas to which the players can run

Use four differently-colored hula hoops. Have the player in the middle call out a color that signals the players to run/switch. The caller runs to the color which s/he called aloud. All other players have to switch hula hoops but may not run to the color that was called out.

Watch how to play here